

December 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Alzheimer's Society of Leeds Grenville presents Minds in Motion The Minds in Motion Program integrates physical and mental activities tailored to individuals with early dementia or mild cognitive issues, alongside a family member, friend or care partner. (\$20 fee per person) Register in advance Kristy Giles kgiles@alzllg.ca or 613-390-0590 Join us at the centre for our in-house activities! Please register ahead of time at 613-258-3203. Visit www.seniorscs.ca				
EXERCISE CLASS 9:30-10:30 (In person) & 11-12 (Zoom) Euchre 1:00- 3:30 Minds in Motion 1:30-3:30 Tourtiere Sales Starts at 8:30am Jill.woodley@seniorscs.ca	Skip-Bo 10 - 12 SCWW 1:30-2:15	EXERCISE CLASS 9:30-10:30 (In person) & 11-12 (Zoom) Diners' Club Scribbling Seniors 1:30 -3:30	Footcare Clinic EXERCISE (Zoom) 10:30-11:30 SCWW 1:30-2:15 Cribbage 1:30 - 3:30 Singing Seniors 1:30 - 3:30	EXERCISE CLASS 9:30-10:30 (In person) & 11-12 (Zoom) Office Closing at 12:00pm
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EXERCISE CLASS 9:30-10:30 (In person) & 11-12 (Zoom) Euchre 1:00- 3:30 Arbor Memorial Presentation and iPad Giveaway Draw @10:30-11:30	Footcare Clinic Skip-Bo 10 - 12 SCWW 1:30-2:15	Office Closed until Jan 1st Christmas Eve	Office Closed until Jan 1st MERRY CHRISTMAS	Office Closed until Jan 1st Boxing Day

